**How to Prepare for Your Upper Endoscopy/EGD**

Contact us if you need to discuss, reschedule, or cancel your appointment

**COVID-19 Key Instructions**

Patients should expect to receive multiple verbal screenings for Coronavirus symptoms as well as instructions on COVID-19 pre-admission testing. Required COVID-19 testing must be performed 3-5 days before the scheduled procedure. Additional safety measures will be reviewed before your arrival in addition to facility patient drop off/pick up policies and caring methods for assistance.

**Medications Seven (7) Days Before Procedure**

# If you are taking any blood thinners and this was not discussed with your doctor at the time of scheduling the procedure, please contact us before starting the preparation.

*(Number of days may vary based upon your cardiologist’s recommendations)*

STOP all Blood Thinners such as:

* Coumadin-(Warfarin), Heparin, Lovenox, Plavix-(Clopidogrel), Aggrenox-(Aspirin/Dipirydamole), Ticlid, Pradaxa, Xarelto, and Brilinta.

STOP Aspirin unless prescribed by a physician.

STOP Aspirin products anti-inflammatories such as:

* Ibuprofen, Motrin, Aleve, Naproxen, Celebrex, and Mobic.

STOP Fish Oil and Vitamin E

Allowed: Acetaminophen (Tylenol)

**Diabetes Medication the Morning/Day Before Procedure**

* Take morning pill and STOP additional doses

**Evening/Night Before Procedure**

STOP eating or drinking any solid foods or liquids after midnight.

**Day of Procedure**

* STOP Insulin
* Take all your other medications with one SMALL SIP OF WATER.
* Wear face covering/mask and maintain physical distancing

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