

## UPPER ENDOSCOPY/EGD PREP INSTRUCTIONS

Nothing to eat or drink after midnight the night before the procedure

### 7 DAYS BEFORE

- If you are taking any blood thinners **AND** this was **NOT** discussed with your doctor at the time of scheduling the procedure, please call us **BEFORE** starting the preparation. These include, but are not limited to Aspirin, Coumadin-(Warfarin), Plavix-(Clopidogrel), Xarelto-(Rivaroxaban), Arixtra-(Fondaparinux), Effient-(Prasugrel), Aggrenox-(Aspirin/Dipyridamole), and all NSAIDs (for example Ibuprofen, Motrin, Aleve, Naproxen, Celebrex, Mobic).

Acetaminophen (Tylenol) is allowed

- **YOU MUST CONTINUE TO TAKE ALL** your other medications every day prior to the colonoscopy **AND** take them with a small sip of water on the day of your upper endoscopy.

### INSULIN

- Do not take the morning of the test.

Please call us if you have any questions 305.534.4404